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**CENTER FOR FAMILY SERVICES
OF PALM BEACH COUNTY, INC.**

From Our Family To Yours

In observance of Women's History Month and International Women's Day, we reflect on the women who contribute to the success of Center for Family Services. CFS is led by a variety of strong women: 5 Board members, 11 managers, and 28 staff. We are proud of all they do to serve our community.

We also recognize the outpouring of women who supported our Old Bags Luncheon® (OBL) last month. With 450 plus women either attending, donating, collaborating, or supporting OBL, we raised monies that go directly in the service of our mission to strengthen families. We are appreciative of all those who joined us and made the day a success. Thank you to our supporters.

We must not forget, however, that the focus of our event is to not only raise funds to support our operations, but to raise awareness for the mission we serve. This year we added a *Mission Moment* to the event. This moment showcased models wearing beautiful clothes from Marissa Collections as well as words related to mental health on their skin. Narrated by Mike McGann, from Legends Radio, with background music, *Scars to your Beautiful*, by Alessia Cara, we shared the story of one of our clients. This client, Lori, suffered from depression, substance abuse, and emotional abuse. Lori shared:

"I was always dressed up. The makeup covered my pain. I felt depressed and drank a lot to dull the pain. My work suffered. My husband had cheated on me. My life crumbled. I lost all hope. I finally realized that I was hurting myself and my family. I came to Center for Family Services to get help. I struggled to change my thinking. Therapy was hard. The therapy helped me push away from the emotional abuse that brought me to a dark place. My therapist helped me see that I was worthy of love and I was beautiful. I saw the light and grew in confidence. I am thankful to my therapist who gave me hope."

Strong women, like Lori, overcome their challenges and trauma because strong women like those who work at CFS care. Development Associate, Sophie Pendrill, shares that what inspires her about strong women is when they "defy the odds that tried to derail them". With the cuts in government funding, our greatest challenge is securing those funds to help more women like Lori defy the odds and heal. Please help us heal others like Lori and donate today!

In observance of Women's History Month, we asked our female leaders, who work hard to transform the lives of our clients, their thoughts on being a female leader.

Jamie-Lyn Richartz, Director of Counseling Service shares:

"As a leader, I have the opportunity to live out my passion as a mentor to clients and fellow clinicians. There is little I enjoy more in life than having my actions be an inspiration and

light to others."

Carolina Libreros, Triple P Supervisor says:

"It is rewarding to contribute to an agency and our community as a female leader. Our feminine skills of inclusiveness, empathy, and relationship building is a benefit to the organization and the mentoring of our staff. I am grateful for the opportunity to lead and mentor my team."

"Finding the balance between grace and assertiveness," is what inspires Brooke Martson, CFS Quality Improvement Manager, about strong women today. We are surrounded by, and graced with, strong female leaders and supporters.



Dr. Fabiana DesRosiers

Chief Executive Officer

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Make A Donation

Women's History Month



CENTER FOR FAMILY SERVICES
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"There is no limit to
what we, as women,
accomplish"

- Michelle Obama

OLD BAGS

LUNCHEON®

Thank you to those who came out and supported The Old Bags Luncheon! We had a fantastic event full of fabulous people! We can't wait to see you all next year!



Our 2022 Chairs

Chair: Allison Nicklaus

Junior Chairs: Bettina Anderson & Michael Reinert

Honorary Chairs: Daniella Ortiz & Sarah Wetenhall

Junior Honorary Chair: Stacey Leuliette

Auction Chairs: Barbara Pendrill & Stephanie Schwed

#OBLPalmBeach



Center for Family Services has been providing mental health services and education to children, adults and families since 1961. Our clients are some of the most vulnerable in the community due to their age, gender, and socioeconomic status. Donations are a crucial means to their mental well-being. On their behalf, thank you for your support.

To learn more about our programs, visit our website at ctrfam.org.

Make A Donation



